## Instructions to use the Breastpump ARDO Calypso

- 1. a) Insert the unit plug of the power adapter into the electrical connection socket if you need to use the Breastpump with the power adapter.
  - b) If you need to use the Breastpump with the Battery,release the latch and slide open the battery cover. Put 6 batteries (1.5 V, AA) and close the battery cover.
- 2. Attach the tube connector to the Breastpump. To use the single pumpset, the second opening of the tube connector remains closed.
- 3. Turn on the Breastpump by touching the stand-by switch.
- 4. Choose the settings which you find most comfortable. To start the stimulation phase, we recommend to use low suction strength (Vacuum) and high suction frequency (Cycles). When the milk begins to release, reduce the suction frequency (Cycles) and strengthen the vacuum.
- 5. Touch the up-arrow to increase the intensity of the vacuum (suction strength), touch the down-arrow to reduce the vacuum.
- 6. Touch the up-arrow to step-up the cycles (suction frequency), touch the down-arrow to reduce the cycles.

## **Important before use the brastpump:**

- Choice the right size of breast shell (Fig. 1).
- Boil the pumpset before first use (for example: ca. 2 min. in boiling water).
- Remove the batteries before plugging the unit into the mains if you need to use the Breastpump with the power adapter.



